

**Hello Sir/Madam,  
Greeting From Globetrot Holidays!!!**

Please check the below details for **Bhrigu Lake Trek – Himachal Pradesh (8 Days 7 Nights)**

For booking & any queries call us on **+91 9969625616/+91 8779036988**

**Delhi-Manali(1N)-Gulaba(1N)-Rola Kholi(2N)-Manali(1N)-Delhi**

**Region: - Himachal Pradesh**

**Grade: - Easy**

**Max Altitude: - 14,000 ft. (4,300 m)**

**Approx. Trekking Km: - 25 km**

**Best Time to Visit: - May to October**

*The Bhrigu Lake Trek has gain preference due to its unconditional display of natural extravaganza & being one of the easiest treks in Himalayas. Be it the unparalleled breath-taking views of Seven Sister Peaks or Deo Tibba & Hanuman Tibba, the outstretched Pir Panjal ranges, the rich line of oak & cedar forests, fascinating green lush meadows, enthralling carpeted alpine flooring or the gushing streams along the meandering trails, the scenic vistas of the region is absolutely captivating which also makes the trekking experience overwhelming. The scenic Bhrigu Lake has significant historical & religious implications.*

**TREK ITINERARY:**

- **Day 01: Depart Delhi & Delhi – Manali (Overnight Volvo Journey 540 km / 12-14 hrs) (Altitude 200 m / 700 ft. to 2,000 m / 6,800 ft.)**

Arrive at Delhi Volvo bus-stand by evening to board the Volvo bus for your overnight journey to Manali. The journey would be around 12-14 hrs & you'll be reaching Manali next day morning. Meals won't be included during the travel. Relax for the rest of the day.

**Overnight journey to Manali.**

- **Day 02: Arrive Manali & Local Manali (Altitude 2,000 m / 6,800 ft.) (L,D)**

Reach Manali by morning. On your arrival at Manali Volvo bus-stand, our tour representative will meet you & then proceed directly to the hotel in Manali. MANALI-“Lover's Paradise-India's Honeymoon capital" Situated at a height of 6260 feet above sea level, Manali is one of the most popular, beautiful and awe-inspiring hill stations in the country. Check-in at the hotel. Today you can visit Hadimba Devi Temple, Manu Temple, Himalayan Nyingmapa Tibetan Buddhist Monastery, Ram Temple & Vashisht Hot Water Springs, Gauri Shankar Temple, Gadhyan Thekchhokling Gompa, Siyali Mahadev Temple, Naggar Castle, Nicholas Roerich Art Gallery, Museum of Himachal Culture & Folk Art. Relax for the rest of the day. Crosscheck your essentials before going to bed.

### **Dinner & Overnight stay at Manali.**

- **Day 03: Manali – Gulaba (Drive 25 km / 2 hrs ; Trek 3 km / 2-3 hrs)  
(Altitude 2,000 m / 6,800 ft. to 3,200 m / 10,300 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the hotel. Later proceed the journey to Gulaba. Manali is a good place to acclimatize your body before beginning the trek. The journey commences from Manali on the Rohtang Pass Road towards the little hill nook hamlet of Gulaba. Three hill towns—Kolang, Palchan, and Kothi marks the way, and it gets more & more beautiful with pine forests as you go ahead. Snow covered elevations surround the little locale picturesquely. Sweet grasslands washed over by the watercourse of Beas would make fantastic frames at Gulaba, only if the Rohtang transit crowd wasn't there. After lunch at the village, you'll follow a short trek, near about 2 hours to your first camp in the grasslands nearing a forest line. The trek is a complete pleasure & no hardships, navigating through the conifers shade dark & deep, and eventually coming to an open clearing. Reach Gulaba Meadows camp-site by evening. Check-in at the camp. Relax for the rest of the day.

### **Dinner & Overnight stay at Gulaba.**

- **Day 04: Gulaba – Rola Kholi (Trek 6 km / 4-5 hrs) (Altitude 3,200 m / 10,300 ft. to 3,800 m / 12,500 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. Later proceed the trail to Rola Kholi. Today's trail is going to be steep walk, so you need to go equipped with water & little snack bites to unwind between the testing laps. For the first few miles you are still trailing under a forest cover & bathing in the shade of rustling conifers. You can easily spot oaks, cedar, and birches. It's a beautiful sight to catch a glimpse of blue through these leaves. Walk for half an hour into the trek, and the forest has now ebbed behind, unfolding only rolling green meadows before. This is the shepherds' zone where cattle grazers are brought from the local villages all through summer. You could find a few mud huts & camp poles lying here. Keep the meadow behind & start heading south. You'll find the peak of Hanuman Tibba rising in sharp focus at this point & a little below, the Seven Sisters Peaks. Lying somewhere far below is the green patch of Beas Kund Valley. Next comes another slight jungle cover, passing which the trail falls on to the rugged meadows again. The thrill climaxes when the path gets narrower & steeper just before entering the grasslands of Rola Kholi. At about half an hour far from reaching the campsite, you'll pass two nallahs or small streams which are also your water sources. Your camp is set near nallah at the Rola Kholi campsite. This night is the night of wonder under a sky breaking into a zillion stars! Check-in at the camp. Relax for the rest of the day.

### **Dinner & Overnight stay at Rola Kholi.**

- **Day 05: Rola Kholi – Bhrigu Lake – Rola Kholi (Trek 10 km / 8-9 hrs)  
(Altitude 3,800 m / 12,500 ft. to 4,300 m / 14,000 ft.) (B,L,D)**

After having an early morning Breakfast at the camp, leave for day excursion trail to Bhrigu Lake (Altitude 4,300 m / 14,000 ft.). Today's is an out & out landscape change from all of what you've experienced in the days before. Starting off way early in the morning you'll traverse a distance of



10 kilometres in approx. 7-8 hours on a steep & massively stony path. The verdant meadows of the last two days feel like a dream but this landscape is no less captivating, and gets all the more refreshing in the cool mountain climate. Trek along with the Bhriku Lake stream. Till June, you can expect this course post Rola Khuli to be covered in snow. From mid-July on, the gradients of brown, green, and white gets prominent as the snow melts off. On the last leg of the trail, it's highly advisable to go slow & not hurry at all as the path is ridden with scree & slippery boulders. The alpine lake becomes visible between the two ridges that you'll reach at the end of the last boulder-bound lap. Be it high winters or the beginning of summer, the lake is never entirely frozen. This is an incidence attributed to the power of Sage Bhriku of the ancient myths to whom this lake is named. From the high belt surrounding the lake, you can catch an instant glimpse of the Solang Valley nestling far away and on a clear day, the sky lights up with the splendid peaks of Indrasen, Deo Tibba, Hanuman Tibba, Pir Panjal & Dhauladhar ranges. Return back to the camp-site by evening. Relax for the rest of the day.

#### **Dinner & Overnight stay at Rola Kholi.**

- **Day 06: Rola Kholi – Manali via Gulaba (Trek 8 km / 3-4 hrs ; Drive 25 km / 2 hrs) (Altitude 3,800 m / 12,500 ft. to 2,000 m / 6,800 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. Later proceed the journey to Manali via Gulaba (Altitude 3,200 m / 10,300 ft.). Today you'll trek back the same path through the delicious green meadows in one long sweep to Gulaba & from here back to Manali by cab. There is an alternative route to Manali via Vashisht & Pandu Ropa from the Bhriku Lake site, but this path is more relaxing & sustainable for a soothing green trek. Reach Manali by evening. Check-in at the hotel. Relax for the rest of the day or go for shopping at famous Mall Road.

#### **Dinner & Overnight stay at Manali.**

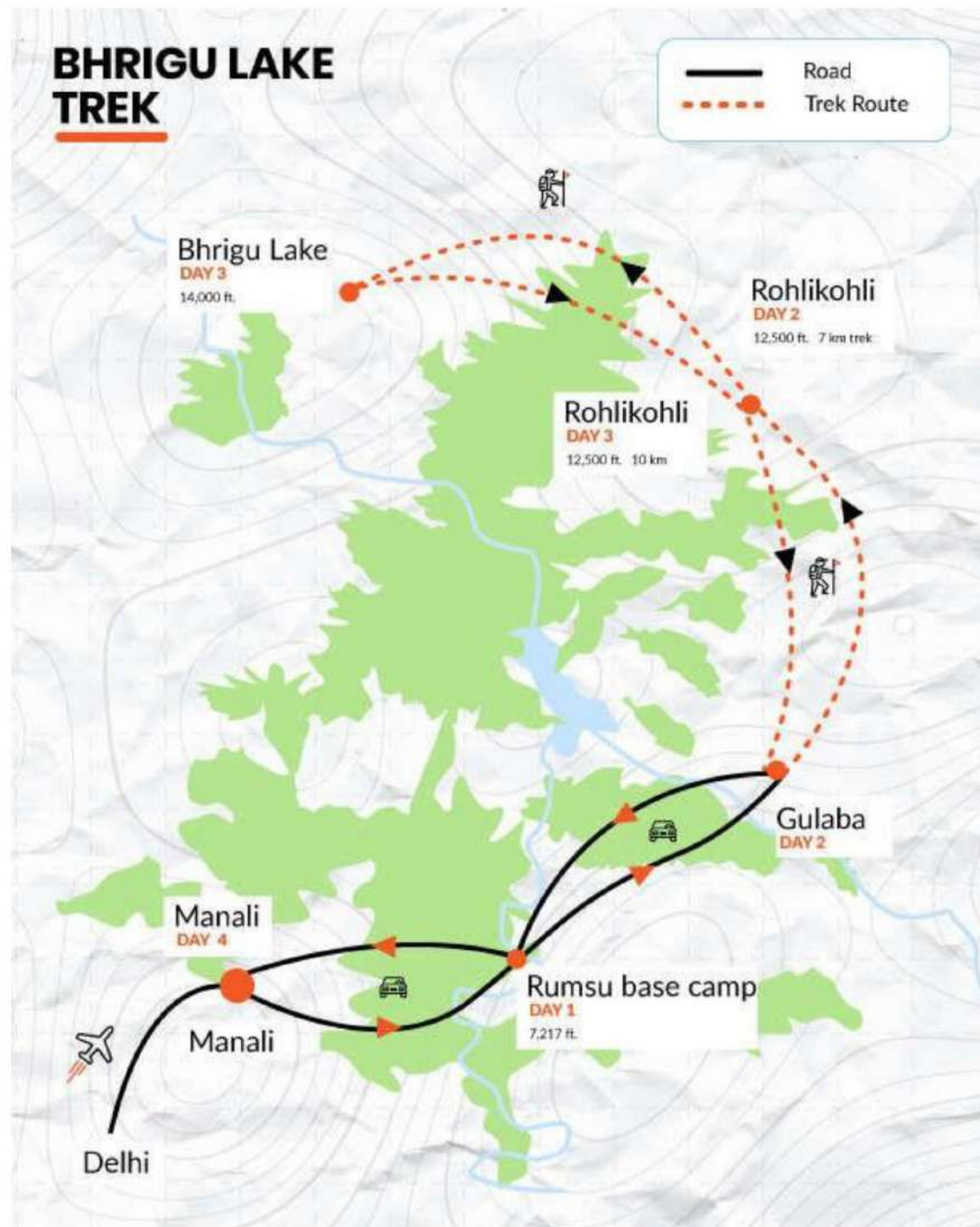
- **Day 07: Local Manali & Depart Manali (Altitude 2,000 m / 6,800 ft.) (B,L)**

After having an early morning Breakfast, check-out from the hotel. You'll be dropped at Manali Volvo bus-stand by evening to board the Volvo bus for your overnight journey to Delhi. The journey would be around 12-14 hrs & you'll be reaching Delhi next day morning. Meals won't be included during the travel. Relax for the rest of the day.

#### **Overnight journey to Delhi.**

- **Day 08: Manali – Delhi (Overnight Volvo Journey 540 km / 12-14 hrs) (Altitude 2,000 m / 6,800 ft. to 200 m / 700 ft.) & Arrive Delhi**

Arrive at Delhi Volvo bus-stand by morning or afternoon. Its time now to say goodbye to our trip companions. Let us be in contact with each other through email, Facebook.... And meet again on one more memorable tour with Globetrot Holidays. Trek concludes.



**Package Includes:**

- Accommodation on double/triple/quad occupancy basis in Hotels / Camps / Guest Houses at all places during the Trek with Daily Breakfast, Lunch & Dinner as per the itinerary only. (Meals Veg Only)
- Mountaineering qualified experts & professional Trek Leaders & Guide, Skilled local Cook & Support staff service.
- To & Fro Volvo Bus Ticket from Delhi – Manali – Delhi. (Overnight Journeys)
- Private Vehicle from Manali to Trekking Point on Day 03 & Trekking Point on Day 06 to Manali including Local Sightseeing & Manali Volvo bus-stand Pickup & Drop.
- All Entry Permits, Toll & Parking charges, wherever required.
- Porters for carrying common equipment. (like rations/tents/utensils/groceries)
- Basic First Aid Medical Kit with a portable Oxygen Cylinder.
- Facility of keeping extra luggage at Manali Hotel/Guest House while leaving for trek.

**Package Excludes:**

- All kind of personal expenses such as tips, laundry, telephone bills, beverages, etc.
- It also does not include any meals unless and otherwise specifically mentioned.
- Airfare, Rail fare, GST, Travel Insurance.
- Entrance fees for sight-seeing.
- Optional, suggested or unspecified activities.
- Camera fee (still or movie)
- Additional sightseeing charges or extra usage of vehicle.
- Any additional charges arising due to natural calamities, political disturbances, vip movement, etc.



**HOTEL DETAILS:**

CITY	STANDARD
MANALI	Hotel Snow Princess / Hotel Kalinga Grand / Mountain Top Hotel / Hotel Natraj Manali (Veg) / Hotel Surya International Manali / SIMILAR
GULABA	Alpine or Dome Tents / SIMILAR
ROLA KHOLI	Alpine or Dome Tents / SIMILAR

**DEPARTURES & TREK COST:**

On Special Request.

**Terms & Conditions:-**

- Price valid from 1<sup>st</sup> January 2021 till 31<sup>st</sup> December 2021.
- 50% payment to be deposited at the time of booking confirmation & remaining 50% before one week of the tour departure date.
- To & Fro Volvo bus journey to Manali can also be arranged from Chandigarh.
- Flight or Train journeys can also be arranged at an additional cost.
- 1-Day from Manali can also be reduced if Volvo bus timings are well managed.
- Who Can Go For Trek:-
- Experience of any high altitude trek at least 1 trek
- The climber must be fit and have sufficient stamina to cover 5 km of distance without a stress.
- The climber should be able to carry a 10 kg backpack.
- Heart problem, high blood pressure, asthma, and epilepsy cannot be reconciled on this mission. The climber must not have the conditions mentioned above.

**Cancellation Policy (for land package):-**

In case of cancellation of tour a written notification or Email should be received at our office by the members who are travelling.

Cancellation charges will be applied as per the cancellation policy below:

- 25% of cost of tour before 40 days or more days of departure:
- 50% of cost of tour before 20 to 39 days of departure:
- 100% of cost of tour before 20 days of departure:

Cancellation of one member may amount to cancellation of whole tour.

In case of delay or cancellation of flights/itinerary due to bad weather or unforeseen circumstances, Globetrot Holidays will not be held responsible for refund or compensation of any kind (including curtailment of trip). Globetrot Holidays will however try to make the best alternate arrangements and facilitate customers with best services possible. Any additional expense incurred due to such cancellations would have to be borne by the guests.