

**Hello Sir/Madam,
Greeting From Globetrot Holidays!!!**

Please check the below details for **Markha Valley Trek – Ladakh (9 Days 8 Nights)**

For booking & any queries call us on **+91 9969625616 / +91 8779036988**

**Leh(2N)-Skiu(1N)-Sara(1N)-Markha(1N)-Hankar(1N)-
Nimaling(1N)-Leh(1N)**

Region: - Ladakh

Grade: - Difficult

Max. Altitude: - 17,100 ft. (5,200 m)

Approx. Trekking Km: - 65 km

Best Time to Visit: - July to September

With Markha Valley Trek one gets to rediscover the parched region of mighty Kashmir, exhibiting lush green to yellow barren landscapes, passing alongside Indus River will be borne in mind for the lifetime. The stunning sights of K2 Mountain, Stok Kangri & Kang Yatse Peaks are fulfilling and the motivation of this largest Markha Valley of the Karakoram & Ladakh region. Since the trail goes through Hemis National Park, all its treasured fauna, mountain sheep, arghali, rabbits, snow leopards, can be spotted at every camping site.

TREK ITINERARY:

- Day 01: Arrive Leh & Orientation (Altitude 3,500 m / 11,500 ft.) (D)**

You'll be landing at the Leh Airport which is one of the most picturesque airports that you would come across. Just before the touchdown time, you'll be greeted with the entire range of snow-capped peaks that will surely get you wonderstruck. A jacket, woollen gloves & a woollen cap is a necessity. After reaching the Guesthouse/Hotel you'll be given enough time to relax & acclimatize to the conditions. Check-in at the hotel. Orientation & Briefing of the Markha Valley Trek will start by afternoon. It is very important that you get used to the cold temperature in Leh because the temperature will only tend to fall down as you start trekking. It is also important to keep your body hydrated by increasing the intake of fluids that will help to maintain your body temperature. Keeping in mind the health problems that trekkers are facing, as per the new rules & regulations applied, anyone doing the Markha Valley Trek should be at least spending two days in Leh to get your body fully acclimatize to the weather conditions. It is important that this is strictly followed by every trekker.

Dinner & Overnight stay at Leh.

- Day 02: Local Leh (Altitude 3,500 m / 11,500 ft.) (B,L,D)**

After having an early morning Breakfast proceed for full-day local sight-seeing in Leh. Situated at a height of about 3,500 m; LEH is also known as "Little Tibet" and "the Land of Lamas". Located in the Ladakh region of Jammu & Kashmir, Leh is known for its stunning scenic locales,

Buddhist temples and pristine environment. Today you can visit Shanti Stupa, Thiksey Monastery, Shey Monastery, Spituk Gompa, Jama Masjid, Hall of Fame Museum, Leh Palace, Stok Palace Museum, Zorawar Fort, Druk Padma Karpo School. It is advisable that you avoid visiting places which are at a higher altitude. Rest of the day is at leisure. Crosscheck your essentials before going to bed.

Dinner & Overnight stay at Leh.

- **Day 03: Leh – Skiu via Chilling (Drive 70 km / 2-3 hrs ; Trek 9 km / 4-5 hrs) (Altitude 3,500 m / 11,500 ft. to 3,400 m / 11,200 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the hotel. Today you'll proceed to the first campsite which is Skiu via Chilling (Altitude 3,200 m / 10,500 ft.). It is one of the most scenic drives which lets you witness some of the top spots in Ladakh. Gurudwara Pathar Sahib, Magnetic Hill and Nimmu, the confluence of the Zaskar & Indus are some of the places where you can take a pit stop for clicking pictures. After 3-4 hours' drive along the Zaskar will get you to Chilling village. The surrounding view henceforth changes magically. The open terrain beside the road enters into the closed valley. Valley having stunning purple, black, grey shades of the mountains. Juniper and tall alpine trees will border the route as you cross the Zaskar River over green iron bridges. Take a deep breath once you get down at Chilling, as the walking will begin in few minutes. The trek ahead incept with a steep ascent going through Zingchen gorge. Amidst you will also cross the river on a trolley at Kaya-Do place. The trail many times comes across the river. Skiu village will mark the first camping in the tents. It is located at the confluence of rivers Shgri Nala & Markha. Skiu is largely divided into two sections, upper and lower village. Lower Skiu has very few houses quite close to each other. A small trudge, old monastery and ruins of a palace, separate it from upper Skiu. There are small white stupas and mani stones laid towards upper Skiu. Markha River lies on the right of the village. Check-in at the camp. Relax for the rest of the day.

Dinner & Overnight stay at Skiu.

- **Day 04: Skiu – Sara (Trek 10 km / 3-4 hrs) (Altitude 3,400 m / 11,200 ft. to 3,500 m / 11,500 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. Start fresh in morning, be vigilant about birds and animals around. Markha Valley harbours enormous wildlife. Magpie bird will be visible right after you step out of the campsite. The flat trail is quite evident & well paved intermittently. The Markha River will remain escorting on the right, which incept from Kang Yatse peaks. In an hour a hut of Women Cafe can be spotted, take a small break here & keep hiking further. The trail is enclosed with the valley that goes through sparse forest cover. Another hour's trudge and the first wooden bridge comes at Zanpa Yoakma. The bridge marks halfway of the day's trek to Sara. Try not to relax here, because in merely half an hour another coffee shop at Hamourja is waiting for you to rejuvenate. Look out for black sheep, deer, and mountain goats on these banks. Keep walking straight till Nagding village for another 1 hour. Right in front of the houses spot meditation caves at a height on the valley walls. These caves are believed to be having paintings of the 20th century. The banks of the Markha River gets wider & you can find yourself stepping in the powdered sand. Enjoy the feeling of Himalayan sands.

After about 1 hour from Nagding village, a big entrance of Sara village appears. The entrance is decorated with skeletons of wild animals. Unlike Ski, Sara seems like an open area. The camp has a traditional round seating outside, giving it a unique look. Check-in at the camp. You can have your lunch & then just roam around to get familiar with nature. Fill in your stomach with a delicious dinner, then get into a warm bed at the camp. Relax for the rest of the day.

Dinner & Overnight stay at Sara.

- **Day 05: Sara – Markha (Trek 10 km / 4-5 hrs) (Altitude 3,500 m / 11,500 ft. to 3,700 m / 12,200 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. The flat trail is somewhat similar to the previous day. The first tea houses arrive immediately after half an hour at Chalak village. The village has houses placed on small hills with stone protection shelter for domestic animals at the base. Every small distance you can find mani stones laid around white stupas. These stones are engraved with Buddhist prayers, some of them in the Sanskrit language too. Be humble in front of these historic symbols. Do not dare to touch these stones. The villagers believe these stones are protected by some powers, any harm to them will cause harm to that person. Do not forget to notice ruins of the palace at every turn in the valley. This can be figured out by flags at a height on small temples. These palaces were considered as viewpoints and signalling points during the reign of the Kings. Markha village is considered as the largest village, you can find numerous houses, scattered away. You'll have to walk in the running stream of Markha River two to three times to reach to the Markha village. The cold water will bring back all the energy. In half an hour, you can see the hamlet, monastery & palace at Markha. Find your campsite & pack up for the day. Check-in at the camp. Relax for the rest of the day.

Dinner & Overnight stay at Markha.

- **Day 06: Markha – Hankar (Trek 11 km / 5-6 hrs) (Altitude 3,700 m / 12,200 ft. to 4,000 m / 13,100 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. Take the most advantage of the innocence of the salient villages because today you'll probably be the last habitats on the route. The trail is beautiful and refreshing when it merges with flowing River and streams. These water bodies can also be crossed over a bridge. Umlung village is a small village & will serve the last teahouse of the trek with yet another serene monastery to your sight. After Umlung you can get the first sight of Mt. Kang Yatse (Altitude 6,400 m / 21,000 ft.). It seems as if the peak is calling you! Follow its voice, again overcome the River several times & enter the Hankar village. Try to spot the magically placed Tacha Monastery on a mountain. It is the last hamlet of the trek & your refuge place. Check-in at the camp. Relax for the rest of the day.

Dinner & Overnight stay at Hankar.

- **Day 07: Hankar – Nimaling (Trek 9 km / 3-4 hrs) (Altitude 4,000 m / 13,100 ft. to 4,700 m / 15,400 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. Get all enthusiastic, after yesterday's tough trek, today will be an easy & short trek. Start walking & in 1 km you'll find

diversions or paths separating out. The other route goes to Rupshu and Zaskar. Keep walking on the left path until a stone bridge. This marks that you are on right trail. Henceforth, you can see many diversions, please be careful & follow the trek leader/guide. In the next 2 hours, the pastures of Thochuntse becomes visible. There are camping sites and tea houses here. Try to engulf yourself in nature & move slowly just as you focus on the Kang Yatse Peak. The peak seems to grow bigger & bigger. Surprisingly, tranquil Twin Lakes (Tigu Lakes) also come along the path. The trails enter into a huge grassland after a few fights crossing streams of the high altitudes. Sheep, mountain goats, sometimes rabbits are found grazing at Nimaling. It is a pleasant camping place. It is the highest point you'll attain on this trek. There are instances of snowfall at this site hence be prepared for same. Above all that, just try to merge into the high world & sleep in peace. Check-in at the camp. Relax for the rest of the day.

Dinner & Overnight stay at Nimaling.

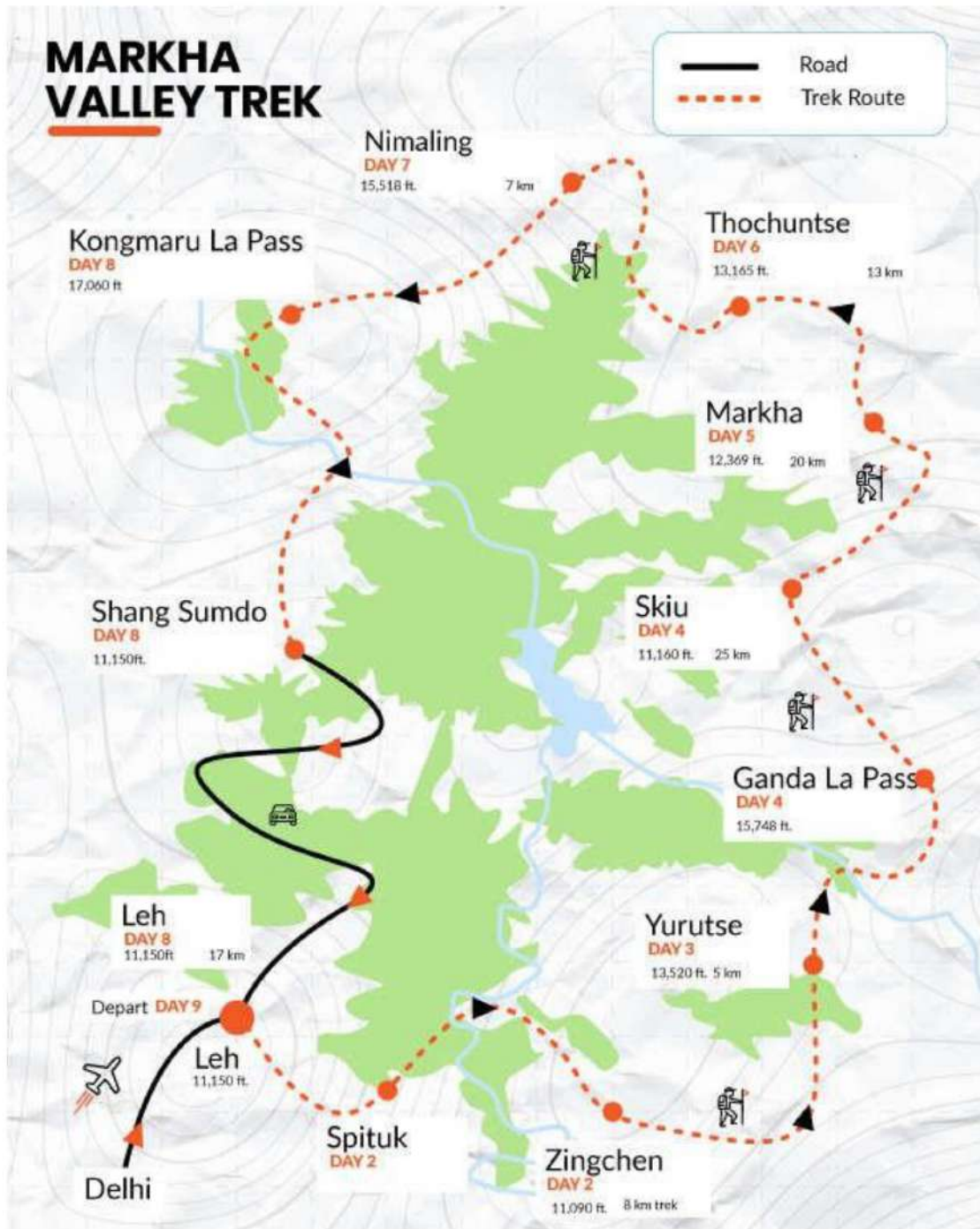
- **Day 08: Nimaling – Leh via Kongmaru & Chokdo (Trek 16 km / 7-8 hrs ; Drive 60 km / 2-3 hrs) (Altitude 4,700 m / 15,400 ft. to 3,500 m / 11,500 ft.) (B,L,D)**

After having an early morning Breakfast check-out from the camp. Later proceed the journey to Leh via Kongmaru (Altitude 5,200 m / 17,100 ft.) & Chokdo (Altitude 3,700 m / 12,100 ft.). This day will be nostalgic & exciting, as it's the last day of the actual trek landing to the highest pass. After a strenuous climb of 2-3 hours to Kongmaru La Pass, you'll be pleasantly welcomed by the Karakoram Range Mountains & the excellent array of peaks. Hold your breath for the mind-blowing sight of the huge K2 Mountain, the second highest peak in the world. There are prayer flags moving along the wind. The trail then gradually descends, coinciding with villages to say goodbye. The immediate trail from pass has steep & narrow descend which later opens to Chikirmo village. Throughout the route, you can get indulged into the scenery of Indus Valley & Ladakh Range. After a gradual climb down & rocky terrain, you'll reach Chokdo. This is the last stop of the entire trek, that also has many homestays. Get into the pickup vehicles that will take you to Leh. Take a sigh of relief in this village, as your next stop will be the last stop, Leh. The further road is descending that shows Hemis Monastery. Fill them in your eyes, heart and mind. Close your eyes to rewind the entire Markha Valley Trek memories. In the evening, have rest stay at the guesthouse/hotel. Check-in at the hotel. You can spend some time at Leh Market for last minute window shopping. Relax for the rest of the day.

Dinner & Overnight stay at Leh.

- **Day 09: Depart Leh (Altitude 3,500 m / 11,500 ft.) (B)**

After having an early morning Breakfast, check-out from the hotel. Today, the mesmeric journey to one of the finest scenic destinations of India will ultimately come to an end. The entire experience, would give you an unmatched feeling of achievement & satisfaction. You'll be dropped at Leh Airport as per your flight timings. Its time now to say goodbye to our trip companions. Let us be in contact with each other through email, Facebook.... And meet again on one more memorable tour with Globetrot Holidays. Trek concludes.



Package Includes:

- Accommodation on double/triple/quad occupancy basis in Guest Houses or Hotels at Leh with Daily Breakfast, Lunch & Dinner as per the itinerary only. (Meals Veg Only)
- Accommodation on double/triple/quad occupancy basis in Alpine/Dome Tents while on Trek with Daily Breakfast, Lunch & Dinner as per the itinerary only. (Meals Veg Only)
- Mountaineering qualified experts & professional Trek Leaders & Guide, Skilled local Cook & Support staff service.
- Private Vehicle from Leh to Trekking Point on Day 03 & from Trekking Point to Leh on Day 08 including Local Leh Sightseeing on Day 02 and for Leh Airport Pickup & Drop.
- All Entry Permits, Toll & Parking charges, wherever required.
- Porters for carrying common equipment. (like rations/tents/utensils/groceries)
- Equipment–Tents on triple & quad sharing basis/Sleeping bags/Sleeping Mats.
- Basic First Aid Medical Kit with a portable Oxygen Cylinder.
- Common Kitchen/Dining/Toilet tents will be used during the trek.
- Facility of keeping extra luggage at Leh Hotel/Guest House while leaving for trek.

Package Excludes:

- All kind of personal expenses such as tips, laundry, telephone bills, beverages, etc.
- It also does not include any meals unless and otherwise specifically mentioned.
- Airfare, GST, Travel & Health Insurance.
- Entrance fees for sight-seeing.
- Optional, suggested or unspecified activities.
- Camera fee (still or movie)
- Additional sightseeing charges or extra usage of vehicle.
- Any additional charges arising due to natural calamities, political disturbances, vip movement, etc.

HOTEL DETAILS:

CITY	STANDARD
LEH	Hotel Galwan Palace / Hotel Blue Stone / Hotel Asia Ladakh / Sia-la Guest House / SIMILAR
SKIU	Alpine or Dome Tents / SIMILAR
SARA	Alpine or Dome Tents / SIMILAR
MARKHA	Alpine or Dome Tents / SIMILAR
HANKAR	Alpine or Dome Tents / SIMILAR
NIMALING	Alpine or Dome Tents / SIMILAR

DEPARTURES & TREK COST:

On Special Request.

Terms & Conditions:-

- Price valid from 1st January 2021 till 31st December 2021.
- 50% payment to be deposited at the time of booking confirmation & remaining 50% before one week of the tour departure date.
- Flight journeys can also be arranged at an additional cost.
- Who Can Go For Trek:-
- Experience of any high altitude trek at least 1 trek
- The climber must be fit and have sufficient stamina to cover 5 km of distance in 45 minutes without a stress.
- The climber should be able to carry a 10 kg backpack.
- Heart problem, high blood pressure, asthma, and epilepsy cannot be reconciled on this mission. The climber must not have the conditions mentioned above.

Cancellation Policy (for land package):-

In case of cancellation of tour a written notification or Email should be received at our office by the members who are travelling.

Cancellation charges will be applied as per the cancellation policy below:

- 25% of cost of tour before 40 days or more days of departure:
- 50% of cost of tour before 20 to 39 days of departure:
- 100% of cost of tour before 20 days of departure:

Cancellation of one member may amount to cancellation of whole tour.

In case of delay or cancellation of flights/itinerary due to bad weather or unforeseen circumstances, Globetrot Holidays will not be held responsible for refund or compensation of any kind (including curtailment of trip). Globetrot Holidays will however try to make the best alternate arrangements and facilitate customers with best services possible. Any additional expense incurred due to such cancellations would have to be borne by the guests.